

KAMARES VILLAGE MATTERS

Kamares Village Houseowners' Association Newsletter

KVHA Social Events



KVHA CHRISTMAS PARTY - " IT'S A WONDERFUL TIME OF THE YEAR"

Wednesday, December 12th with the ever popular DJ Magical Marcos playing dancing music and requests, with some magic thrown in!

Theme - Christmas colours.
 €22pp and €10pp for children 12 years and under.

Bar opens 6:00p.m. and Christmas buffet at 7:00p.m.

Tickets available from Reception 26880576. Tickets to be paid for by December 10th please.

Christmas Bazaar at The Kamares Club

November 17th from 10a.m. - 4p.m.

Over 50 stalls offering hand made and imported products.

Full entertainment programme.

Charity raffle.

Committee News

by Val Potter, KVHA Secretary

Slipping Building

I am happy to tell you that the proposed onsite meeting with the District Office, took place on Monday 29th October 2018 at 10.15am, attended by Paphos District Officer Mary Lambrou, District Engineer Dr. Kyriakos, District Inspector Evagoras Andreou, Mukhtar of Tala Areti Pieridou and the Tala council Engineer. From Leptos Panayiotis Kezoudi, KVHA Chairman John Merritt and KVHA Secretary Val Potter.

We all met on the actual site and stood by while the Engineers had a close inspection of the building and the road. Areti pointed out to them where the earth had slipped down onto the road, damaging the fence and allowing some very large and heavy rocks onto the road.

(At the time of the slippage, a KVHA member had reported the stones to Val Potter, who immediately contacted Tala council and they had quickly sent workmen to clear the road.)

Once the rains came there is a chance that the same thing could happen again. Mary Lambrou made the point that it was private land at the side of the building and if there were concerns, people would need to contact the District Office to deal with the problem.

Areti agreed that 'Keep Out' signs should be replaced and the fence repaired.

We then adjourned to the Kamares club for refreshments and to discuss the road and other issues, which included the €854 water charge imposed by Koili council.

Mary Lambrou agreed to look into this issue.

Membership Mutterings



As agreed at the Annual General Meeting, upon renewal your membership card will now be sent by email.

We acknowledge that some of our members need a physical card and a simple email request will ensure that one will be sent to you.

Leptos Gold Card for KVHA Members

If you are interested in having a Leptos Gold Card, at no cost, please send your details to Joanna Georgiou (joanna.georgiou@leptosestates.com) and you will receive a card together with information on how it will benefit yourself.

Please quote your KVHA membership number when emailing.

The District Office and Tala council are hoping to have further discussions on improving the road.

Unfortunately because the 'Slipping Building' is still the subject of legal proceedings, we are not allowed to pass on any information on this subject.

An update from Mary Lambrou to Val Potter has been received and forwarded to the members, (8/11/18)

Important - UK State Pension – Life Certificate

If by any chance you have had to contact the International Pension Centre (IPC) in Wolverhampton, (not Newcastle) regarding problems with your UK State Pension not being received, please will you email myself with your details: kvhasecretary@gmail.com

Our Chairman John Merritt brought this to the attention of the British High Commissioner and the British High Commission are asking for an indication of how many people have been affected, names will not be divulged.

The BHC will then follow up with the Pension Authorities.

Neighbourhood Watch Scheme

Cathi Delaney has asked me to encourage those who have not yet joined the Neighbourhood Watch Scheme to please sign up, and send their full details, especially their contact phone numbers to;

Cathi Delaney at: toffee@primehome.com

or to:

Val Potter: kvhasecretary@gmail.com

The more people who sign up for the N.W.Scheme are helping Tala to demonstrate the support of the residents and will encourage the Police to maintain their patrols.

Please join us in the fight against crime.

Kamares Club Weekly Activities



Day	Time	Activity
Mon	Morning	Yoga Bridge Club
Tue	Morning	Sine Nomine Choir
Tue	Evening	Quiz
Wed	Morning	Tai Chi Art Group
Wed	Afternoon	Book & DVD Library
Wed	Evening	Monthly Wine Tasting
Thu	Morning	Bridge Club
Fri	Morning	Orphean Singers Tai Chi
Fri	Afternoon	Quilting Group

Full details of all the activities are on the website and our Notice Board at the Club.

Eglistra Street & Parking

To make you all aware, there is building work on the end site on Eglistra Street, on the sharp bend going uphill. A member has contacted me warning of the danger of parked cars and of site traffic and asks that we all drive slowly, as he has experienced meeting speeding traffic coming down the hill with no time to stop, when there is only access for one vehicle. Better to be slow and safe than sorry!

Private Boxes at Kamares club.

I had an email from a concerned member asking how people would access their private boxes at the Club, once it was closed for refurbishment.

Panayiotis assured me that the club would not be closing in the near future, and by the time it does close he will have the solution to this problem and we will be the first to know.

Recycling at the Club, Final Appeal

This is a final appeal to those people who are dumping medium and large items next to the green recycling bins at Kamares

PLEASE STOP!





Emergency Medical Centre

Reception 26 653 328

EMERGENCY NUMBER 99329434

*Medical Centre
GP Surgery Hours*

The Doctor is available Monday to Friday from 9am - 12 noon only.

Please be aware if you wish to consult with the Doctor you should be there before 12 noon.

Useful Telephone Numbers

Emergency Number for Ambulance, Fire or Police	112 / 199
Police and Fire Services - Duty Officer	1499
Medical Assistance - Hospital Information	1400
Kamares Club Reception	26 88 05 76
Larnaca and Paphos International Airports	77 778833
Street Light Fault Reporting (EAC)	1800 with pole number



If this carries on then the bins will be removed. Every morning Panayiotis and his men are having to tidy up the area.

At the KVHA AGM, Areti Pieridou asked people who have larger items to get rid of, to please contact Tala council on 26 652 412 or if after office hours, call Areti on - 99 52 95 84 to arrange collection. Office opening hours 7.30am – 3.30pm

Should you see anyone fly tipping in the Kamares re-cycling area, please make a note of any vehicle and report to Panayiotis Kezoudi or at the Club reception.

Paphos

The large roundabout at the end of the Limassol to Paphos highway is being revamped in an effort to improve visitors' first impressions of the town.

According to Paphos Municipality, the roundabout will be planted with greenery, landscaped, and used to showcase the town's rich cultural history.

The work is being carried out in two phases and is expected to cost €1.2m.

The first phase mainly involves introducing more greenery on the roundabout's banks, while the second phase will see a pop-up form (which can now be seen) constructed to rise up from the roundabout's centre and depicting important times in Paphos' history over the centuries.

Let's hope there aren't any accidents with drivers looking at this and not the road!

Greek Lesson

Χ α ρ τ ί, pronounced chartí, is the Greek word for paper. It isn't the Greek word for knackered old tyre as some inconsiderate person seems to think.



Ibrahim's Khan

Ibrahim's Khan is located in the heart of Paphos' old town and newly renovated. Historically, the ancient building was used as an inn and an area where merchants and craftsmen would come together. There are a number of units which are now occupied, one being the Carob shop with traditional products. Also Sharen Taylor's mosaic workshop, House of Olives, wood carving, traditional Cyprus nuts and fruits, a jewellery maker and a newly opened restaurant.



There will be a Christmas market to be held there in December.

Carob Tree

The connection of the carob tree (known locally as teratsia) with Cyprus has its roots deep in history. In the etymological sense, Cyprus owes one of its oldest names to this humble tree. Cyprus was once called Kerasteia, Kerastia, Kerastis – all words that have their root in the old name for the carob tree, then known as keratea or xylokeratia and considered the tree most representative of the island.

Its fruit was valuable for villagers since carobs at the time represented the main source of income for the rural population, and it was justifiably known as "black gold". In

The Cyprus Regiment



Winston Churchill praised the “soldiers of the Cyprus Regiment who have served honourably on many fields from Libya to Dunkirk” on a brief visit to Cyprus in 1943.



The Cyprus Regiment, formed on 12th April 1940 as a military unit of the British Army, comprised mainly of volunteers from the Greek and Turkish communities of Cyprus. The regiment included infantry, mechanical, transport and pack transport companies. The mule drivers from the regiment were able to get supplies to some of the more difficult places inaccessible by motorised transport and were the first colonial troops sent to the Western Front.

recent years, the humble carob was ignored with few showing any interest in it. Except, of course, for the farmers who would patiently pick the fruit under the hot August sun every summer, gathering the harvest for export. The village of Zygi, at least in its present form, was built in the early years of British rule when the large carob warehouses were built to store the exports that took place from there. Cultivation of the carob in the surrounding region was important. Nearly all the production from Larnaca and Limassol was brought to Zygi and stored in the stone-built warehouses. The village took its name from the Greek word for scales because that is where producers would bring their carobs to be weighed before they were delivered to the warehouses. They were then ground in the carob mills and from there taken to the pier and loaded onto ships for export. The stone-built warehouses and the pier now dominate the centre and the coastal part of the village.



The Limassol carob mills, west of the town’s Medieval Castle and close to the old port, were built in the early years of the 20th century when carobs were one of the main products exported from Cyprus to the United Kingdom, Egypt, Russia and elsewhere. Most of the equipment used to process the carobs has been preserved and has been exhibited since 2002 in a building renovated to combine the authentic atmosphere of the past with the sophisticated aesthetic of the present. Though white sugar currently dominates in prepared food, not that long ago one of the main natural sweeteners in the world was made from carob. In Cyprus of yesteryear, the best known sweets – and Lenten ones – were the handmade “koulourouthkia” (small rolls) that were boiled in carob syrup.

Carob was also known as the “bread of St John the Baptist” because carobs were an important part of his diet, while, according to the Bible, it was carobs that kept the prodigal son

About 30,000 Cypriots served in the Cyprus Regiment which saw action from its inception; serving at Dunkirk, in the Greek Campaign, North Africa (in Operation Compass against the Italians), Ethiopia, France, the Middle East and Italy. Many of the regiment were captured, including 600 in the 'Battle of Greece' at Kalamata in 1941, and interned in prisoner of war camps.

Following the Second World War the regiment served in Cyprus and the Middle East which included Palestine.

The Cyprus Regiment was disbanded on 31st March 1950.

New Snake

'Snake George' has discovered a new Cyprus snake - a very thin, 11 centimetre long black headed dwarf snake, an endemic subspecies of the *Rhynchocalamus Melanocephalus*.



alive. During the Spanish Civil War carobs were used to help feed the children while, during World War II and the German occupation, armies, horses and people in the Greek countryside were able to keep body and soul together thanks to this gift of nature. Later it was used to make films, medicine, cosmetics, sweets and chocolates. In recent years, carob syrup has become popular in Europe and is sold in health food sections as an excellent alternative to chocolate, a delicacy the Cypriot children enjoyed for many generations.

Carobs are very nutritious. They are richer in calcium than milk, as they contain 350mg of calcium per 100 grams compared to milk which contains 120 to 130mg per 100 grams. Carobs also have 4% protein and 63% carbohydrates while they are also rich in phosphorus (80mg per 100 grams) and vitamins A and B. They also contain small quantities of iron, nitrate and other minerals.

Carob powder, also called carob flour, is a cocoa powder alternative. It's made from dried, roasted carob tree pods and looks a lot like cocoa powder. Carob powder is often used as a natural sweetener in baked goods. It's sweet and has a unique taste.

A threat to the carob trees are we humans who cut them down for firewood. However, the country's forestry department declared carob trees a protected species some years ago and banned people from cutting them down without permission.

There is a carob museum in the village of Anogyra, between Paphos and Limassol.

The Carob and the Carat

In ancient Greece, the carob was called "keration". The carat, the only way of measuring the weight of precious stones and gold, started with the ancient practice of measuring gold with the weight of carob seeds "keration", the Latin variation of the word became carat. The Roman pure gold coin, the solidus weighed 24 carob seeds or 24 carats and became the measuring stick for all the remaining qualities of gold (18 carats, 16 etc). Later, this weight was fixed at exactly 2 grams.

Coptic Storms



28th November
El Mickness Saleebesh
Westerly
Broom Gale - Strong
3 days in duration

6th December
Kassim
South Westerly
Gale
7 days in duration

All dates approximate +/- 3 days

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KVHA Christmas Party



KAMARES VILLAGE
HOUSEOWNERS' ASSOCIATION
Registered under Cyprus Statute 112

KVHA Christmas Party

*At this most wonderful time
of the year
come join us to celebrate
Christmas cheer*

*Wednesday, December 12th Bar opens 6 pm
Entertainment by DJ Marcos Christmas buffet at 7 pm*

*Book table at the
Kamares Club reception 26880576*

Dress code is Christmas colours

€22

*€10pp for children
12 years and under*

*Merry
Christmas!*

